

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Introduction to Addictions

CODE NO.: HDG 110-3

PROGRAM: General Arts and Science

SEMESTER: One

DATE: September 1990

AUTHOR: Betty Brady

New: Revised: X

Approved: **W[^]**
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Date

Course: **Introduction to Addictions** - HDG 110-3

Instructor: Betty Brady

Credits: 3

Length: 45 hours

PHILOSOPHY/GOALS:

In this course the student will be introduced to the study of addictions. The class will explore general information about substances, their effects and the development of dependency. The impact of addiction on individuals, families and society will be examined. Treatment approaches and availability of resources will be discussed.

STUDENT PERFORMANCE

OBJECTIVES:

Upon successful completion of this course, the student will be able to:

1. Discuss the nature of dependency including
 - a) types and effects of substances
 - b) theories of addiction
2. Identify the impact of addiction on individuals and their families.
3. Discuss current social issues involving substance abuse.
4. Identify treatment approaches and local resources addressing addiction problems.

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TOPICS TO BE COVERED: A

1. Drugs, their types and effects.
2. Development of dependency: stages and characteristics
3. Theories of addiction
4. Impact of addiction on the addicted
5. Impact of addiction on: children, parents, spouses, adult children, society
6. Co-dependency
7. The adult child
8. Social Issues such as: Legalizing drugs
Drug testing
Crack babies
Crime and violence
9. Treatment
10. Resources

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LEARNING ACTIVITIES

1. Examining types and effects of drugs and Theories of addiction
2. Impact of addiction:
 - individual
 - families
 - society
3. Social Issues
4. Treatment and Resources

REQUIRED RESOURCES

- films, tapes, lectures, guest speakers, overheads, articles and discussions
- films, overheads, lectures, guest speakers, articles, discussion and tapes
- lectures, articles, discussions and use of other resource material
- field trips, guest speakers, articles, overheads and lectures

EVALUATION METHODS:

Presentation	20%
Book Report	20%
Test #1	20%
Test #2	15%
Test #3	15%
Participation	10%
Total	100%

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EVALUATION

1. Seminar Presentation is a requirement on any topic related to the area of addictions. It will require research and then presentation of information.
2. Book Report is a requirement of the course on a book related to addictions. The length of the book report should be 1,200 or 1,500 words. It should include a discussion of the book but also the reader's feelings and thoughts about the issue and the book.
3. Two tests will be given in this course. The first will discuss information on substances and family issues. The second will involve social issues and treatment.
4. Class participation is a requirement of the course. Students are expected to participate in class discussions, activities and complete assignments on time.

REQUIRED STUDENT RESOURCES;

A book related to addictions. Some suggested books to select from:

It will never happen to me! Claudia Black

Tomorrow I'll Quit, Vernon Johnson

The Cracker Factory, Joyce Rebeta-Burditt

I'm Dancing as Fast as I Can, Barbara Gordon

Go Ask Alice, Anonymous

Women Who Love Too Much, Robin Norwood

My Name is Davy, I'm An Alcoholic, Ann Snyder

Dancing On My Grave, Gelsey Kirkland & Greg Lawrence

ADDITIONAL RESOURCES MATERIALS AVAILABLE:

These will be supplied by instructor.